

Harriers' Thomas named in WA 2018-19 Commonwealth Games Programme

Written by Nathan Jones

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38 athletes have been invited on to the Commonwealth Games Programme for the 2018-19 season, split into four levels of support for athletes and their coaches. Announced today, one of those featured in this story is Harriers' Ben Thomas.

Today (Tuesday 20th November 2018), Welsh Athletics announced the 38 athletes invited on to its Commonwealth Games Programme (CPG) for the 2018-19 season, based on their potential to compete and challenge for medals at Birmingham 2022.

The **Welsh Athletics CGP** provide three levels of support for athletes and their coaches - Commonwealth Podium, Commonwealth Potential for senior athletes, and Commonwealth Talent Development for junior athletes. In addition, the category of Associate Athlete has been introduced to support experienced individual athletes with ambitions of qualifying to compete at major championships in the next two years.

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